

# Our A - Z list of fundraising ideas to get you started



The Royal Wolverhampton  
NHS Trust Charity  
Registered Charity No. 1059467



A

**Afternoon Tea** - are scones and tiny sandwiches your jam? Invite your besties over for a spot of afternoon tea and ask for a donation in exchange for sweet treats.

**Abseil Challenge** - fancy conquering your fear of heights? A once in a lifetime experience you won't forget in a hurry.



C

**Coffee Morning** - everybody loves coffee and cake. The perfect opportunity to catch up over a cuppa at work, home or school.

**Car Wash** - get your buckets and sponges out and ask friends and neighbours if you can wash their car in exchange for a donation. Better still, rope them in to help you clean even more.



E

**eBay** - clean out your cupboards, sell your finds and then donate the proceeds to us. A double whammy, as you'll also have more space at home.

**Endurance Challenge** - whether it's walking, running, climbing or swimming, set yourself a challenge and ask for sponsorship to keep you going.

G

**Golf Day** - get a round in with friends or business contacts. If you're a future captain, choose us as your charity of the year.

**Give Regularly** - choose an amount you can afford and make a monthly donation. Every penny helps us support patients and their families.



I

**Ice Bath Challenge** - count down the seconds and breathe your way through the coldest challenge of all! Ask friends and family to sponsor you.

**Illustration** - are you a talented artist or hoping to make something more of your hobby? Offer bespoke illustrations or design greeting cards to sell online.

K

**Kick A Habit** - challenge yourself to give up a habit and get sponsored to do so.

**Knitathon** - grab your craft pals and get knitting. Sell your beautiful creations and donate the proceeds.



M

**Matched Giving** - ask your employer about matched giving. Whether you're raising funds inside or outside the office, they may be able to double your donation.

**Movie Night** - grab the popcorn, stream your favourite movie and settle in for the night with friends. Make it a singalong event or take the big screen outdoors.



B

**Birthday** - instead of gifts, ask family and friends to make a charity donation on your behalf. A gift that gives twice.

**Bake Sale** - Do you have a sweet tooth? Get creative in the kitchen and share your bakes with colleagues and friends asking for a small donation in return.



D

**Dress Down Day** - whether you're heading to school or the office, dress down (or up) for the day.

**Danceathon** - get your dancing shoes on and dance until you drop. The perfect fundraiser to do by yourself or in a larger group.



F

**Football Match** - organise a charity match or a five-a-side tournament. Get spectators involved by organising a penalty shoot-out after the game.

**Fashion Show** - Fancy strutting your stuff on the catwalk? Fashion SOS Charity can help assist you with the arrangement of your event.



H

**Hike** - organise your own sponsored hiking event or take part in one of ours, such as our own #RWTChallenge event.

**How Many** - whether it's sweets in a jar or balloons in a car, theme your game accordingly and ask everybody to take a guess.



J

**Jumble Sale** - gather a group and put your unwanted clothes, books and homeware up for sale. You might even snap up a second-hand bargain of your own.

**Jumper Day** - Invite colleagues to join in on a festive jumper day by making a small donation in return.

L

**Loose Change** - pop your loose change into a jar and it'll soon add up. If you know a local business who might be able to put one of our tins next to their till, get in touch.

**London Landmarks Half Marathon** - From cultural landmarks and heritage to the city's quirky and hidden secrets, runners get to explore the capital on a route like no other!



## Or have you got your own fun ideas?

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**N**

**Netball** - Are you a keen netball player? Arrange your own mini tournament or ask your local club to get involved.

**Name Game** - it doesn't matter what it is, whether it's a teddy or a tiger! Ask friends to pay to guess the name.

**P**

**Pedal** - hop on your bike and join an organised event, or plan a route of your own.

**Payroll Giving** - ask your company about payroll giving, it's an easy and tax-free way to donate.



**R**

**Raffle** - a raffle is the perfect standalone fundraiser or a great addition to any event. Use your network to sell tickets and ask local businesses to donate fabulous prizes.

**Run** - any distance at any time, whatever challenges you.

**T**

**Teddy Bear's Picnic** - invite your friends to bring along their chosen teddy to enjoy a picnic. Rumour has it, marmalade sandwiches are a favourite.

**Talent Show** - do you have a hidden talent? Get together with friends and family for a night of fun and laughter.



**V**

**Virtual Fundraising** - jump on a spin bike and tackle the Tour de France or take to the treadmill and run the equivalent of the London Marathon.

**VIP Ball** - invite some very special guests and along with ticket sales add a raffle, auction or games to boost your fundraising.



**X**

**Xbox Night** - gather your friends and host a gaming marathon or organise a tournament and invite people to play in exchange for a small donation.

**Xmas** - it's the most wonderful time of the year! Join in with our annual Festive Jumper Day, invite small businesses to sell their wares at a Christmas Fayre or host a Mince Pie Mingle.

**Z**

**Zumba-thon** - get your local gym, or sports centre involved, donate the usual cost of a class and get your Zumba on.

**Zip Wire** - if you're an adrenaline junkie or just ready to face your fears, find your local zip wire and get sponsored to take on the challenge.



**O**

**Office Olympics** - split your office into teams, line up some office-style events and let the games begin.

**Online Fundraising** - whatever challenge you take on, set up a JustGiving page and share it far and wide to see how much you can raise. Almost anything can become an online fundraiser.

**Q**

**Quiz** - put your knowledge to the test and organise a quiz night.

**Quiet Please** - if you're the office chatterbox or your teacher is forever asking you to be quiet, a sponsored silence is the fundraiser for you.



**S**

**Sponsored Steps** - set yourself a daily goal or choose a distance to reach in a month and get sponsored to do so.

**Superhero Walk** - get your capes and trainers at the ready to complete a 5k challenge. Invite others to join you and set up a JustGiving page to start your fundraising.



**U**

**Unplug** - are you addicted to your phone or television? Get sponsored to completely ditch the tech for 24 hours.

**Upcycle** - transform old objects into something new and donate the profits. You might even find yourself a new hobby in the process.

**W**

**Walk To Work** - go green and walk to work instead of driving or taking public transport. Donate what you would have spent on petrol or your train ticket. Better still, ask your colleagues to join you and do the same.

**Wedding Favours** - ensure your big day is extra special and donate on behalf of all your wedding guests instead of traditional favours.



**Y**

**Yes Day** - ask friends, family and colleagues to sponsor you to say 'Yes' for a day, no matter the question.

**Yoga Class** - are you a yogi? Organise a one-off class in your community or ask your local yoga class to get involved in a yoga marathon.



## Get in touch to find out how you can support us

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**FUNDRAISING  
REGULATOR**